

CODAC AT 380 – GROUP CALENDAR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<i>Please note that if you are more than 5 minutes late for group you will not be able to attend. Please be on time.</i>							
7:30	PEER/WRAP (Clemon) 7:30 – 9:00AM				SMART (Paul) 7:30 – 9:00AM	#Early Recovery OR *Give Back to the Community (Paul) 7:30 – 9:30AM # 1 st & 3 rd week *2 nd & 4 th week	
8:00							
8:30							
9:00	Mindfulness Based Relapse Prevention for Women (Vanessa) 9:00-10:30	Men’s Thinking for Change (Oscar) 9:00 – 10:30AM	Men’s IOP (Matt S) 8:00 – 11:00AM	Men’s IOP (Matt S) 8:00 – 11:00AM	SUD Education (Shelby) 9:00 – 10:00AM	Seeking Safety (Melodie) 8:45 – 10:15AM	
9:30							
10:00							
10:30			Men’s DV: Power & Control (Lee) 10:00 – 11:30AM	Men’s Warrior Within (Oscar) 10:00 – 11:30AM		Relapse Prevention (Paul) 9:45-11:15AM	
11:00					Men’s Anger Management (Oscar) 10:00 – 11:30AM		Bowling (Clemon) 10:00- 12:30PM
11:30	Men’s Relapse Prevention (Oscar) 10:30 – 12:00PM						Beyond Anger and Violence For Women (Jessica) 10:30- 12:00PM
12:00		SMART (Jamie) 11:30-12:30PM	SMART (Vanessa) 11:30-12:30PM	SMART (Jamie) 11:30-12:30PM	SMART (Vanessa) 11:30-12:30PM		
12:30							
1:00	**Desert Nest: New Moms Class (Kara) 1:00-2:00PM		Mindfulness: A New Path (Lucy) 12:30 – 2:00PM			Mindfulness: A New Path (Lucy) 12:30 – 2:00PM	
1:30				Maintaining Outside the Gates (Marnie) 1:30-2:30PM	MAT Orientation Group (Matt S) 1:30 – 2:30PM		
2:00							
2:30	Thinking for Change (Oscar) 2:00 – 3:30PM		Parenting (Cassandra) 2:00 – 3:30PM				
3:00							
3:30							
4:00							
4:30							
5:00					**Celebrating Families! 3:30-6:45PM		
5:30	Relapse Prevention (Cassandra) 5:00 – 6:30PM						
6:00			Men’s IOP (Matt C) 5:30 – 8:30PM	Men’s IOP: Seeking Safety/ Family Ed (Jamie) 5:30 – 8:30PM		Women In Recovery (Liz) 5:30-7:00PM	Men’s IOP (Matt C) 5:30 – 8:30PM
6:30			↓	↓		↓	↓



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