



# 24/7



# TREATMENT FOR HEROIN & OTHER OPIOIDS

When you're ready to stop using heroin or other opioids, come to CODAC's Medication Assisted Treatment program. We're open 24/7 (including holidays and weekends).

## **Here's what you can expect when you come for the first time:**

1. You'll start by talking to a counselor about your medical and drug use history.
2. Next, we'll take vitals, do some lab tests and do an EKG to monitor your heart health.
3. Then you'll meet with a nurse to continue developing a complete picture of your health so we can be sure it's safe for you to take the medications we prescribe.
4. After the nurse sees that it is safe for you to begin Medication Assisted Treatment, you'll meet with a psychiatric addiction specialist (MD, DNP or NP). They will prescribe a specific medication based on your individual need and what's going to be safest for you to take.
5. You'll leave with a plan for the next steps of your treatment, with goals for short- and long-term success.

## Important Notes:

- It's important that you do not leave before you see the psychiatric addiction specialist. If you leave, you may have to start the process all over again to be sure that it's safe for you to start on a medication.
  - You will have to experience some withdrawal symptoms before we can start a medication, but you do not have to be in complete withdrawal.
  - We have snacks, water, lounge chairs, reading materials and TV on-site so you can be comfortable while you wait.
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**CODAC's Medication Assisted Treatment (MAT) program** offers specialized treatment for people in recovery from opioids (heroin, morphine, oxycontin, etc.).

Alongside consistent therapy and peer support, the following FDA-approved medications may be prescribed to treat Opioid Use Disorder.

- Methadone
- Buprenorphine (Subutex)
- Suboxone (Buprenorphine and Naloxone)
- Naltrexone (Vivitrol and ReVia)

### **Why Medication for Opioid Use Disorders?**

Using opioids can lead to physical changes in the brain, especially related to mood, pleasure and reward responses. After the body has become dependent on the opioid, it can be very painful to live without it (withdrawal).

Prescribed medications help by replacing the opioid with a legal substitute monitored closely by medical professionals. The goal is to reduce the physical need for illicit opioids so a person can function normally.

### **A Wide Variety of Medical Services, Therapy & Support Groups in One Location**

Your recovery will be more successful with a holistic approach to your health and wellness. You will work with the treatment team to create an individualized recovery plan that may include on-site psychiatry, primary care, OBGYN services, acupuncture, counseling, individual or group therapy, peer support, help finding employment and more!

Gender-specific, evening and weekend groups are available. All new members must attend an Orientation.

### **Begin improving your life today!**

Call us or come in today (24/7) to get your recovery started. Get the tools, skills and support you need to get back on track.

The costs of your care may be covered by a variety of funding sources. We will help find a way to cover the cost of your Medication Assisted Treatment.

### **Find out if Medication Assisted Treatment is the right next step for you.**

**Clinic Phone - 24/7: (520) 202-1786**  
**380 E. Ft. Lowell Rd. | Tucson, AZ 85705**  
**[www.CODAC.org](http://www.CODAC.org)**

