

# Hillman House Transitional Living Program

## Refer to CODAC's Transitional Living Program for Pregnant & Parenting Women & Their Children



You can help moms with substance misuse disorders. Refer them to CODAC today.

Call **520.307.9677** or email [hillmanhouse@codac.org](mailto:hillmanhouse@codac.org).

We welcome referrals from:

Medical Professionals

Mental Health Professionals

DCS, Judges & Attorneys

Probation Officers

Other Criminal Justice System Professionals

### Safe, Sober Transitional Living Program for Pregnant & Parenting Women & their Children

- 15-unit gated apartment complex plus one community room and office.
- Four two-bedroom units, three one-bedroom units and eight studio units. All units are fully furnished.
- Residents are pregnant, postpartum and parenting women with young children. Women involved with the Department of Child Safety (DCS) are encouraged to be in treatment here while working to reunify with their children.
- Residents are required to be enrolled with CODAC and actively engaged in CODAC's substance misuse treatment program(s).
- Residents are required to participate in CODAC groups throughout the week (IOP groups) to enhance their recovery skills.
- Members are required to secure employment within 30 days of starting the program; help is provided.

### Support & Community Groups Provided On-Site

Treatment is comprehensive, goal-oriented and solution-focused. A client-centered approach is used to meet the social, psychological and physical needs of the client/resident.

Services on-site include (but are not limited to):

- ON-SITE PEER SUPPORT 7 DAYS A WEEK, 8AM-9PM
- Parenting skills groups with a focus on
  - » emotional and behavioral development.
  - » how to care for a baby, calm a fussy child, when to call the doctor, signs to be concerned about, etc.
- Relapse prevention and trauma-related support groups.
- Lactation, nutrition and wellness consultation.
- Community-building and fun activities.
- A Child Life Specialist provides group activities and education focused on fun, family and community.
- A RN Infant Development Specialist provides education, community referrals and developmental screening for children ages 0-2.
- Employment and education support, and more!

Access to all services is dependent on insurance or grant eligibility. CODAC's Benefits Eligibility Specialists will gladly meet with individuals to discuss benefits available through insurance and current grants.