Refer Now:

Supporting Individuals After a Violent, Traumatic Experience

Comprehensive Care for Survivors of Violent Crime

The **CODAC Trauma Recovery Center (TRC)** offers no-cost support – including resources, case management, counseling, therapy and psychiatry – for adults who are having acute post-traumatic distress due to experiencing a violent crime and who don't have easy access to mental health care.

Who is eligible for services at the TRC?

- Adults (ages 18+)
- People who were the direct victim/survivor *or* secondary survivors (witnesses, loved ones) of a violent crime *within the past three years*.
- Exceptions to the timeframe may be made for homicide survivors and others still experiencing acute distress.

Examples of violent crime (police report not necessary)

- Stabbing
- Shooting
- Physical Assault
- Sexual Assault
- Human Trafficking
- Domestic Violence
- Homicide
- Vehicular Assault
- Torture, Refugee trauma, etc.
- Other violent crimes

Symptoms of acute Post-Traumatic Distress:

- Flashbacks
- Negative thoughts
- Anxiety
- Hypervigilence
- Nightmares
- Irritability & anger
- Difficulty concentrating
- Physical symptoms (heart racing, sweating, trembling)
- Isolation

Free Services:

- **Case management & advocacy**
- **Counseling & therapy**
- **Psychiatry to address trouble sleeping, anxiety, depression, etc.***
- **Help finding resources for practical needs (food, housing, legal, financial)**
- **Information & support related to Victim Rights**
- **Help getting medical care**
- **Virtual, in-home and in-community care**
- **Transportation & more!**

**Funding does not cover lab work or medications. Insurance or self-pay may be used for these costs. CODAC can help with AHCCCS applications. Rx discounts may also be available.*

Refer today.

Call: (520) 202-1761
Email: TRC@codac.org
More Info + Referral Form:
www.CODAC.org/TRC



Scan to learn more!

CODAC HEALTH • RECOVERY • WELLNESS | Trauma Recovery Center

1600 N. Country Club Rd. (open M-F 8a-5p) | *The TRC is financed by State of Arizona, Trauma Recovery Center Pilot Funding.*